

**The Council Chambers
City Hall
Portsmouth, New Hampshire**

A Proclamation

- Whereas:** May is designated as “Progressive Supranuclear Palsy and Corticobasal Degeneration Awareness Month” to bolster awareness of the diseases and benefit patients, families, health care professionals, and communities across the country; and
- Whereas:** Portsmouth is home to individuals, families, and care partners whose lives are affected by these diseases, their debilitating impacts, and the loss of loved ones; and
- Whereas:** Progressive supranuclear palsy, or “PSP,” and corticobasal degeneration, or “CBD,” are adult onset, rapidly progressing, fatal neurodegenerative disorders that affect multiple areas of the brain and cause complex symptoms and care needs; and
- Whereas:** Approximately 30,000 Americans are living with progressive supranuclear palsy and 2,000 Americans are living with corticobasal degeneration, experiencing significant difficulty with movement, balance, speech, swallowing, cognition, vision, mood changes and a variety of other complex symptoms that can have a severe impact on an individual’s quality of life and life expectancy; and
- Whereas:** Both PSP and CBD are aggressive in their progression, with most patients becoming dependent on care in 3 to 4 years devastating the thousands of family caregivers, friends, and loved ones whose lives are affected by the diseases and their losses; and
- Whereas:** PSP and CBD are believed to be caused by a combination of environmental factors and genetics, but the exact cause is still unknown and there are no known treatments or cures; and
- Whereas:** Additional research, support services, and education are needed to maintain quality of life for those affected by the disease, reduce delays in diagnosis and access to proper care, lead to better treatments, and find cures;

Now therefore I, Deaglan McEachern, Mayor of the City of Portsmouth, on behalf of the City Council and the citizens of Portsmouth do declare May 2026 as

**Progressive Supranuclear Palsy &
Corticobasal Degeneration Awareness
Month in Portsmouth**

and call upon the community to learn more about these fatal diseases, support affected individuals and caregivers, and advocate for advancements in research and care.



Given with my hand and the
Seal of the City of Portsmouth
on this 4th day of May 2026

A large, stylized black ink signature of Deaglan McEachern, Mayor of Portsmouth, is written over a horizontal line. The signature is bold and expressive, with long, sweeping strokes.

Deaglan McEachern, Mayor of Portsmouth